



103 W. 3rd St, Unit E, Kalkaska, MI 49646
231-620-7977 Fax: 231-715-3222

Bio/Psycho/Social Assessment

Based on the Addiction Severity Index Assessment Tool

██████████, DOB: ██████████

Date: 01-16-2024

Assessment Provider: Adam C. DeVaney, LCSW

Context:

Client, ██████████, presented today for a court ordered alcohol use assessment. Client reported that he and his wife got into a heated argument on the day in question. He reported that her shirt got ripped, and when the police came, they arrested him for probable cause for a domestic charge. Then he slipped the cuffs in the squad car which netting him two charges for R.O. He reported that he did this due to a recent injury, but this is not able to be confirmed during our session. He plead guilty to the first domestic, and as long as he complete probation and "everything they got on my list" and keep working, all the charges would be dealt with in a deferment agreement. Probation has not been determined as he has yet to be sentenced.

Client reported that a no-contact was imposed by the court for his wife on September 14th, 2023. He was tethered to make sure he was nowhere near his home. He reports that he has a 2-year-old son and a 17-year-old daughter. He has only seen his daughter once in this time and has not seen his son.

Demographics:

- Caucasian Male, 37 years old.
- He owns his own tree harvesting company for the past 8 years.
- He has been staying at different hotels since then.
- He reports that he owns his home.

Education:

- Client has completed high school.
- Completed auto tech in high school and went into tool and dye until the company shut down.
- When this company shut down, client entered logging full time and has been doing this since then. He has been doing this for 10 years. Foster's Logging, LLC.
- This represents his longest full-time work.

LIFE'S WORK CLINIC

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- Client was working with his wife until their son was born two years ago at which time she became a stay-at-home mother. He states that once the no-contact is over, Amber will be coming back to the business.
- Client reported that they net an income around 100K with this business.

Family and Social Relationships

- Client reports that he has been married for 15 years to [REDACTED]
- He has a 2 year old son and a 17 year old daughter with her.
- The usual arrangement was living with Amber and his kids before this incident.
- [REDACTED] has historically also been a drinker, but client is told that she quit since this incident.
- Client spends most of his time with his family. Client reports that they moved up from Hillman to get away from friends who were drinkers. They do not know anyone up here, so they spent most of their time together prior to the incident.
- Only significant issues he has had with anyone is his spouse. He answered “Yah, here and there.”
 - “You know, when we are sober, we get along fine and can work anything out. It’s when I get depressed and turn to drinking that we have problems.”
- Client reports that he does not have “any friends”.
- Client reports denies any history of abuse either physically or sexually.

Psychiatric Status:

- Client reports no history of psychiatric evaluation or treatment beyond a prescription by his provider for Zoloft that was only taken for a short duration.
- **Depression:** “Yah, I am depressed right now because I can’t see my family.”
 - **Client feels like his depression historically is linked to his use of alcohol.**
 - **Client reports that his use of alcohol is in response to his experience of depression. “It makes it worse.”**
 - **Client reports that he remains sober when he is working, but once he lacks work, he gets depressed and then turns to alcohol to cope. He reports that his drinking gets intense enough that he begins drinking in the morning with his coffee when he has a string of days without work, passes out by noon and then gets up and starts the cycle again the next morning.**
 - **This indicates a significant external locus of control and a deleterious pattern of using alcohol as a coping mechanism.**
 - **Client reports that he has a large house, so when he does this cycle of drinking, he goes to the far end of the house so that his children do not see him passed out during the day.**
 - **This pattern of drinking and disassociating from his family indicates that his depression and alcohol problems are significant enough that he wishes to hide it from his family even at the cost of spending his free time with his family which he is apparently willing to sacrifice to attempt to drink his depression and anxiety away.**

LIFE'S WORK CLINIC

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- **Client described these cycles as “benders”.**
- **Anxiety: “I have all these business dealings going on all the time. I lay down to go to sleep at night, and all I am thinking about is work. Even this assessment and my blow device breaking on Sunday gave me a lot (of anxiety).”**
 - **“Once I start drinking to help with the anxiety, it ends up doubling or tripling the anxiety.”**
- **Violence: “When I am drinking, I would say that I don’t have the upper hand on my self-control. That is why I am seeing Christine (his counselor).”**
- **“When I drink, it almost gives you the extra that leads you to say or do things that are a little further than what I would do when I was sober. An argument might last 10 mins with my wife when I am sober, where it will last an hour if I am drinking. I have been working on getting away and going out to the horse barn or something to get away.”**
- **Client reported that he had tried Zoloft for anxiety, but after three months he found that it did not work.**

Medical Status:

- **Client is in a high risk profession and has been hospitalized for lacerations and injuries common to his type of work.**
- **He reports that he did go to the hospital when going through withdrawal from alcohol after a couple “benders”. One time he was given Ativan and another time Librium, and each time he stated that he did quit drinking after receiving these prescriptions.**
- **Client reported that he was 36 (just before he was arrested) was the last time that he experienced alcohol withdrawal.**
- **Client reports that he does not have any active prescriptions now. He reports that he still has the remainder of a prescription for Trazadone for sleep, but he does not usually take this.**

Legal Status:

- **Client is facing a domestic charge currently and has a no-contact order related to his wife.**
- **Breathalyzers 3x/day and has a home version that he reported stopped working this Sunday.**
- **No determined probation given that sentencing has not happened.**
- **Client has also been wearing a tether since his first hearing.**
- **“Every time I have been arrested I have been drinking.”**
 - **Assault: 5 times, all alcohol related**
 - **Client reports no history of drug related charges or any other charges.**
 - **“It’s always been fighting. The last time I was charged with an assault charge was in 2012 (18 years old).”**
 - **“I did my time for all those offenses.”**
- **Client is currently awaiting sentencing related to his last offense.**



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Alcohol and Drugs:

- Client reports no history of use of any other drugs beyond alcohol.
- **Client reports:**
 - **“I drink to get drunk not to enjoy it. I drink to get a buzz. I don’t even like the taste of the shit. I just like the buzz.”**
 - **“I used to just be a beer drinker, but my buddy introduced me to Fireball. Then I started drinking a six pack and a pint. Then I started binge drinking.”**
 - **“My binge drinking started in April 2023.”**
 - **He reported that he was off and on with work over the last year, so when he was not working due to lack of jobs, he would “...be up at 7 am to drink a beer and a coffee. Then I’d get more alcohol and go to sleep early, like around noon. At the time, I didn’t have any work waiting to do, so then the process would start all over the next day for 3-4 days. I’d get sober for a few days and then it would start all over again. Then something would come up for work, I’d get sober and go to work.”**
 - **“I would tell myself that I have 150K in the bank, but I would get no work so I might as well cut the lawn and start drinking.”**
 - **“This last time, my wife was sick and tired of my laying around. This is what our arguments were about and always about: money.”**
- **Client’s pattern appears to be that he is responsible and sober when he has found work in the lumber industry, but when he does not have work, he figures that he might as well just drink which he does on a binge level. This causes arguments with his wife who has not worked since their son was born two years ago. Prior to that, he reported that he was working with his wife daily for years, a situation that he reported a high level of satisfaction with.**
- **Client also has a clearly established pattern of assault altercations when he has been drinking.**
- **While client does not report any DUI convictions, clearly he has demonstrated a poor relationship with alcohol and a pattern of violence associated with using alcohol including “at least” 5 different assault charges where alcohol was a factor not including the most recent domestic charge.**
- **Client also appears to be swayed easily by external factors such as having little to no work in his business as a stimulus for binge drinking, and this external locus of control represents a destabilizing factor in his ability to remain sober outside court supervision.**
- **Client does report that he has not consumed any alcohol since the no-contact order was put in place.**

See Next Page for Summary



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Potential for Misrepresentation:

- While client does have an interest in getting a favorable impression during this assessment, I found that he was open and cooperative and that the potential for misrepresentation was low.

Summary:

- **Client displays problematic binge-drinking patterns. Client also displays an established pattern of becoming violent when he drinks. Client openly admits that he uses alcohol as a coping mechanism for his depression and anxiety when he has something go wrong in his life even though he reports that the alcohol typically does make each of these a lot worse. Client has a dissociative pattern where he withdraws from his family when he does not have work in his industry, and this also indicates that client has a strong external locus of control and that things like not having enough work leads inevitably to his experiences of depression, anxiety and binge-drinking. He also stated that he sobers up when he does have work. It seems to me that this pattern of coping indicates that client has overall poor coping mechanisms given that the days-on-end of binge drinking due to not having work could just as easily be spent drumming up more business for his logging company or spending his free time with his family.**
- **Client's disassociation from his family in his binge-drinking pattern is an area of concern, and it is my hope that this is addressed by his counselor.**
- **Client's history of violence while intoxicated on alcohol is the largest area of concern leading me to suggest the importance of ongoing clinical treatment for this violent tendency in the form of anger management or violence prevention therapies not by engaging in a single program or completing a single curriculum.**
- **Given that client has done well to maintain sobriety under court supervision, my recommendation is for this to continue for some time going forward.**
- **Client states that it is very difficult for him to be away from his family, and that a lifting of the no-contact order would go a long way towards normalizing his lifestyle. He states that it was very difficult to miss his son's second Christmas and other events. From a clinical perspective, this appears to be a reasonable approach assuming ongoing monitoring of client's sobriety by the courts.**



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Diagnosis:

F10.1 Alcohol Abuse with Alcohol Induced Mood Disorder

Prognosis: Guarded and in need of further monitoring and treatment

Sincerely,

A handwritten signature in black ink that reads "Adam C. DeVaney, LCSW". The signature is written in a cursive style.

Adam C. DeVaney, LCSW
Clinical Director, Life's Work Clinic, PLLC