

#### **Bio/Psycho/Social and Alcohol Assessment**

#### **Based on the Addiction Severity Index Assessment Tool**

### Date: 02-13-2024

#### Assessment Provider: Adam C. DeVaney, LCSW

### **Context:**

Client, **DOB: DOB: DOB:**

Owen reports that the drinking started late that evening, and it involved "a gallon of 100 proof rum" that was consumed in its entirety. Client reported that this was "a lot" and that even though he typically drank a lot when he consumed alcohol with this friend, this was outside the usual amounts for them. Though he was clear that heavy drinking "was usual" with this person.

Given the misdemeanor nature of the assault charge, client reported that he only spent one night in jail and most of the following day and was given probation and community service. He was also referred for therapy and this assessment. This assessment is intended to complete this last requirement from his probation officer and the courts.

### **Demographics:**

- Client is a 24-year-old Caucasian with no preferred religious preference.
- He has not been incarcerated or in any controlled environment in the past 30 days.
- He has no children at this time.
- He is responsible for the majority of support of his girlfriend. They currently live together in a motel across the street from his place of employment.

### **Employment:**

- Education: HS Diploma in 2017.
- Client also went to Career Tech Center for graphic design for the last two years of high school and was trained in many different aspects of this trade.
- Client has a current/valid driver's license.



- Client does not currently have access to a vehicle and relies on public transport and walking to work.
- Client's longest full-time job was 3.5 years working at Meijer in the pharmacy (3 years) and finished working in the back room.
- Client has a variety of different jobs including manufacturing and quality control.
- Nobody contributes to the majority of his support.
- Usual employment pattern has been full-time.
- Last month, client received \$1,400 after taxes for income.
- Client has a live-in girlfriend, Madison, of whom he is largely responsible for the majority of her support.

# Family/Social Relationships:

- Client has never been married and appears satisfied with this status, but looks forward to being married in the future.
- Usual living arrangement is with his sexual partner alone, and he reports he is satisfied with this arrangement.
- Client does not live with anyone who has an alcohol or drug problem.
- Client spends most of his time with his girlfriend and reports satisfaction with this.
- Client reports that he has had some issues with family members over the course of his lifetime. Specifically:
  - $\circ$   $\,$  Client has had challenges with this father.
    - "I had issues of abandonment after the divorce. I think I was around 8 or 9 when it happened."
    - "I talk with him now and has continued to reach out to me."
  - Client had some challenges with this grandfather in the years following the death of his grandmother.
    - He reported that his grandfather "...went off the deep end after my grandmother died, but he pulled it back together, and we have a made amends."
  - Close Friend:
    - Client reports no other incidents with friends beyond or before the night of the incident in question.
- Client reports emotional abuse without physical or sexual aspects from his father, "But I think that most of it was simply neglect on his part."
- Client has little in the way of support from his family, and some of his family members live with his grandfather and relies on him for support and housing.



## Medical Status:

- Hospitalizations: "I can only remember actually being hospitalized from 'the incident'. Waking up in the hospital was weird."
- Chronic Medical Issues: "The bones of my feet are pigeon toed, but it is a mild inconvenience."
- Client reports no medications currently.
- Client receives no pension or disability.

### **Psychiatric Status:**

- Client reports that other than his current therapy sessions or when he was young and the "divorce happened", there were no other mental health interventions over the course of his life.
- Client reports history of:
  - Lifetime Depression. "I have always bounced back."
  - Anxiety: "I have always been an anxious person, but as I grew, I grew out of it."
  - Experience of Violent Episodes: "I usually don't have any violent tendencies, except, of course, that one night. I look at like, there are some topics that I am very passionate about, and if someone goes against it, I always try to keep my calm."
  - Suicidal Ideation: "More during my adolescent years, but I am sure that I have a reason to be here now. Since there is only just so much time that we have in this life, I don't want to squander it."
  - Client reports no history of any prescriptions for psychological or emotional problems.
  - Client reports no experiences of any of these mental/emotional experiences in the past 30 days.

## Legal Status:

- This assessment was promoted by a referral from the Mecosta County Court.
- Client is currently on probation until April 10<sup>th</sup>, 2024.
- Client has no other history of legal charges or arrests beyond the incident that prompted this assessment and his initiation of therapy.
- Current Probation Related to Misdemeanor Assault related to a night of drinking with a friend.
  - Client has no recollection of what happened that night, and he has not been able to recall any additional facts from that night as time has passed.



- Client reports that he only knows what was contained in the police report.
- Client reports not engaging in any other illegal activities.

# Alcohol/Drugs:

- Client reports no use of any other drugs other than Cannabis and Alcohol over the course of his lifetime.
- Client reports that he has used Cannabis in the past, but that his use was largely after it was legal.
  - He reports that from 21-23 years old he was a "chronic weed smoker, like, roll out of bed and wake and bake."
  - He reported that this had begun to lessen in the months prior to his arrest on the assault charge, but when the legal trouble started, he stopped this entirely and has not used it since.
  - "It (Cannabis use) was good at first, but I didn't feel like it was doing much anymore, and was not worth it."
- Alcohol:
  - "We would drink 1-2 times a week. When it was beer, we (his roommate and him) would split a case. When it was a liquor, we would share the fifth."
  - $\circ$  "When a friend went away to the military, we actually drank for a week with him."
  - "It was a kind of factory worker thing."
  - Amounts:
    - "I feel like I didn't understand why I always drank to get drunk. I never drank to just relax. It more so happened when my roommate came of age, and it was more of a competitive thing where we egged each other on. Obviously, this was an unhealthy part of this relationship. At the time, neither of us saw it as a problem."
      - Was this the friend who was involved in the night in question? "Yup."
    - Client shared that he did not understand why he drank so much when he did or why he could not simply enjoy alcohol in responsible amounts.
    - Client has been in therapy since 09-10-2023 on a bi-weekly basis and reports that he has not had any alcohol since the day of his arrest.



## **Quotes from Client:**

- "I have not had any alcohol at all since that night, and I have no plans to do so."
- "Part of the reasons I would not consider alcohol in the foreseeable future is that I do not like the idea of not having bodily autonomy and control. I just don't like the idea of that at all."
- "The fact that that incident even occurred is a terrifying prospect. It is a great warning to stop partying or using any substance at all that will make me lose my stuff. I don't want any of that."

Summary, Diagnosis and Prognosis on Last Page:



#### Summary:

Client presented for assessment after more than four months of regular therapy. When he initially came to therapy, he was very concerned about why he drank so much when he did drink, but he has consistently worked to address this. Client's incident involving his friend served as a significant wake-up call for him in relation to using inebriating substances and alcohol specifically. Despite being banned from using all mood-altering substances through the courts and his probation, client appears to have come to the conclusion on his own that he has a poor reaction to alcohol when he consumes it, and the incident that prompted his entering therapy and his experiences with the court system appears to have served to produce a large change in his attitude towards alcohol and other mood altering substances.

### **Diagnosis:**

Acute Alcoholic Intoxication-Episodic

### **Prognosis:**

Good with Sustained Abstinence for 1 Year and a High Likelihood of Reform

Sincerely,

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